



TRAINER'S GUIDE  
"Course: Pandemic Prevention" – ToT Didactics  
*Chapter Outline: Adult Learning*

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## CHAPTER - 2:      **Adult Learning**

<b>Objectives:</b>	The participants <ul style="list-style-type: none"><li>- understand the main features and advantages/disadvantages of self-study e-learning, facilitated e-learning and face-to-face learning</li><li>- understand how adults learn and what are the different steps of the action learning cycle</li><li>- learn how to prepare and implement an exercise on their own according to the action learning cycle</li></ul>
<b>Duration:</b>	10,5 – 11 hours

The chapter contains three sessions. These sessions cover the following topics:

- 2.1 Different learning settings (75 min)
- 2.3 The Action Learning Cycle (90 min)
- 3.3 Implementation of Exercises in sub-groups (8 hours)

## Summary - Session Overview

**Chapter – 2: Adult Learning**

<b>TIME</b>	<b>CONTENT</b>	<b>OBJECTIVES</b>	<b>TRAINING MATERIAL</b>	<b>DESCRIPTION OF TRAINING SESSION AND TRAINER NOTES</b>
75 min	<p>Understanding the differences as well as the advantages / disadvantages of</p> <ul style="list-style-type: none"> <li>- self-study e-learning,</li> <li>- facilitated e-learning and</li> <li>- face-to-face learning</li> </ul> <p>The exercise also provides the opportunity to reflect on the e-learning and face-to-face sessions of the Risk Communication course</p>	<p>The participants</p> <ul style="list-style-type: none"> <li>• understand the main features and advantages / disadvantages of different learning settings</li> </ul>	<p>Group work with Flipchart</p>	<ol style="list-style-type: none"> <li>1. Provide definition of different learning settings</li> <li>2. Form 3 groups</li> <li>3. Group work: what are advantages and disadvantages of each setting (incl. your experience of e-learning sessions and last 2 days)</li> <li>4. Present group results</li> <li>5. Comment on group results</li> <li>6. Summarise differences between learning settings</li> <li>7. Explain how different learning settings are used in the context of this course</li> </ol>
90 min	<p>Session on the andragogic background of how exercises are structured and why.</p> <p>Reflection on how participants should approach their future learners.</p>	<p>The participants</p> <ul style="list-style-type: none"> <li>• understand how adults learn and what are the different steps of the action learning cycle</li> </ul>	<p>2.3_SO_TShirt_Folding                  2.3_Film_TShirt_Folding                  2.3_TM_TShirt_Folding Flipchart                  2.3_PPT_Adult learning                  T-Shirts</p>	<ol style="list-style-type: none"> <li>1. Experience and compare different ways to provide information while teaching</li> <li>2. Experience and discuss advantages of participative learning methods</li> <li>3. Reflect on elements facilitating learning (associations, repetition, emotions, curiosity) as basis for action-oriented learning</li> <li>4. Exposure to experiential learning cycle</li> <li>5. Reflection about 3 steps of learning process (Motivation, Acquisition, Consolidation)</li> <li>6. Recapitulate and understand the steps of the experiential learning cycle</li> </ol>

<p>3,5 hours introduction and preparation 4,5 hours for exercises + feedback</p>	<p>Application phase for the participants: They become trainers and get a better understanding on how to prepare and implement an exercise based on the Action Learning Cycle. At the same time they recapitulate some of the content of the e-learning module.</p> <p>Feedback is introduced as an important learning tool.</p>	<p>The participants</p> <ul style="list-style-type: none"> <li>learn how to prepare and implement an exercise on their own according to the action learning cycle</li> </ul>	<p>3.1_SO_PESO Model 3.2_SO_Stakeholder Analysis 3.2_HO_Stakeholder Analysis 3.3_SO_Quiz Case study</p>	<ol style="list-style-type: none"> <li>1. Present 3 exercises and ask participants which exercise they would like to implement (10-15 min)</li> <li>2. Form 3 equally sized groups (5 min)</li> <li>3. The groups prepare the exercise (2,5 – 3 hours)</li> <li>4. The trainer explains the feedback rules (10 min)</li> <li>5. Group 1 implements exercise and receives feedback afterwards (first self-evaluation of group members, second feedback from participants, third feedback from trainers) (duration of exercise + 30 min for feedback)</li> <li>6. Same process for Group 2 and 3</li> </ol>
<p><b>10,5 – 11 hours</b></p>	<p><b>Total Time</b></p>			