



## **Training of Trainers course Pandemic Prevention**

**Didactics  
Ouidah, 17-20 June 2019**

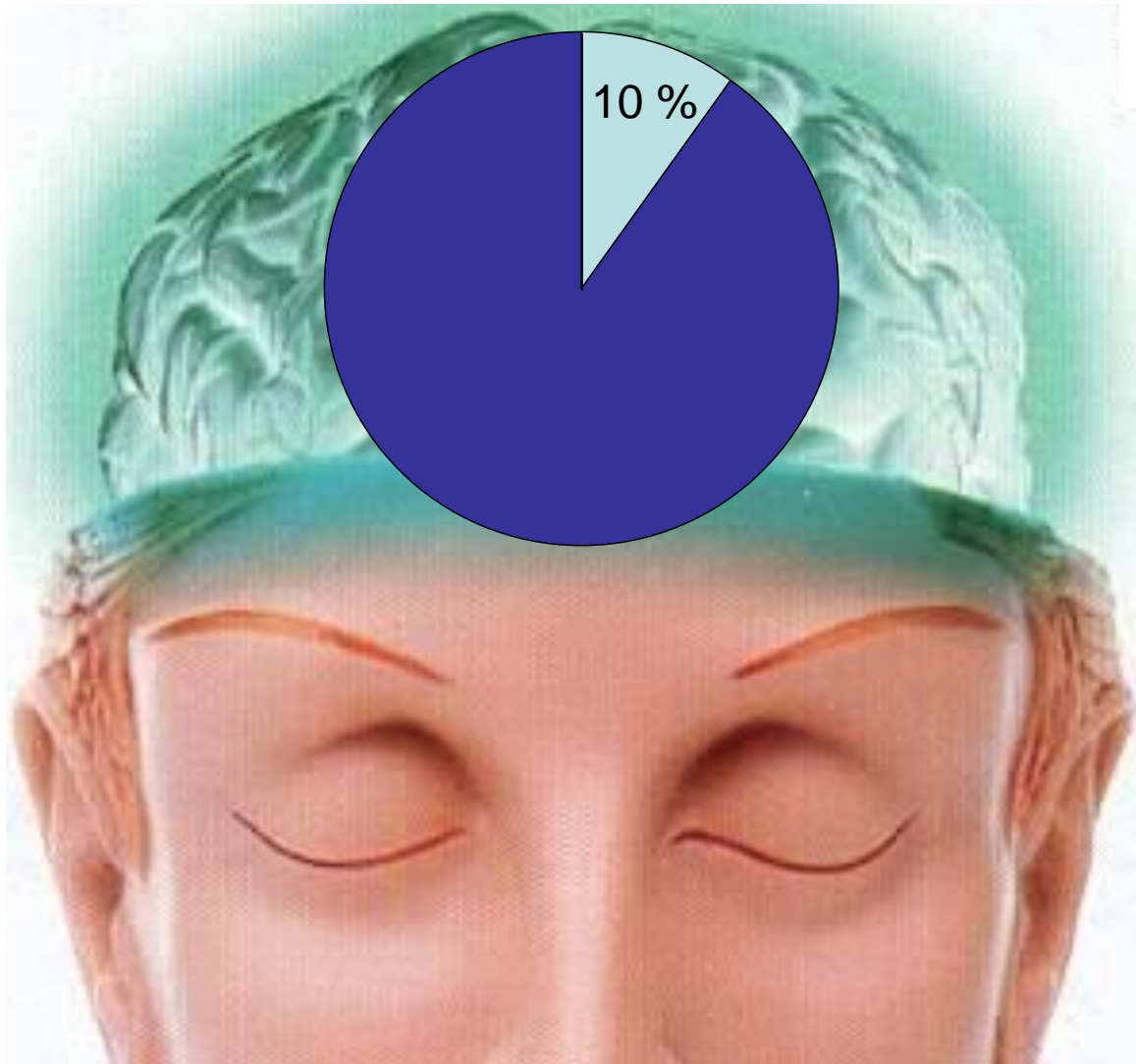


# Learning Theory

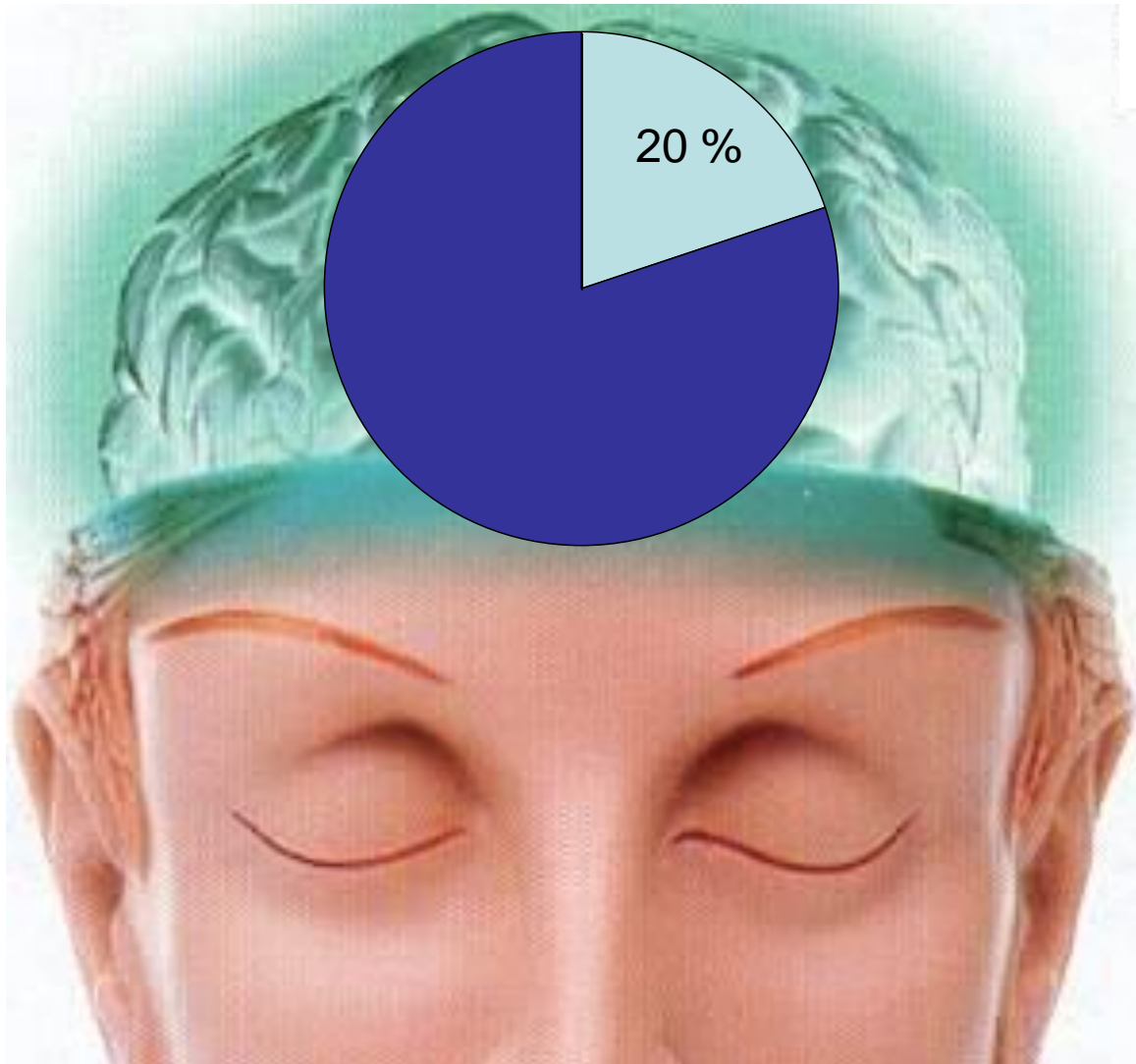
How we learn?

# HOW WE LEARN?

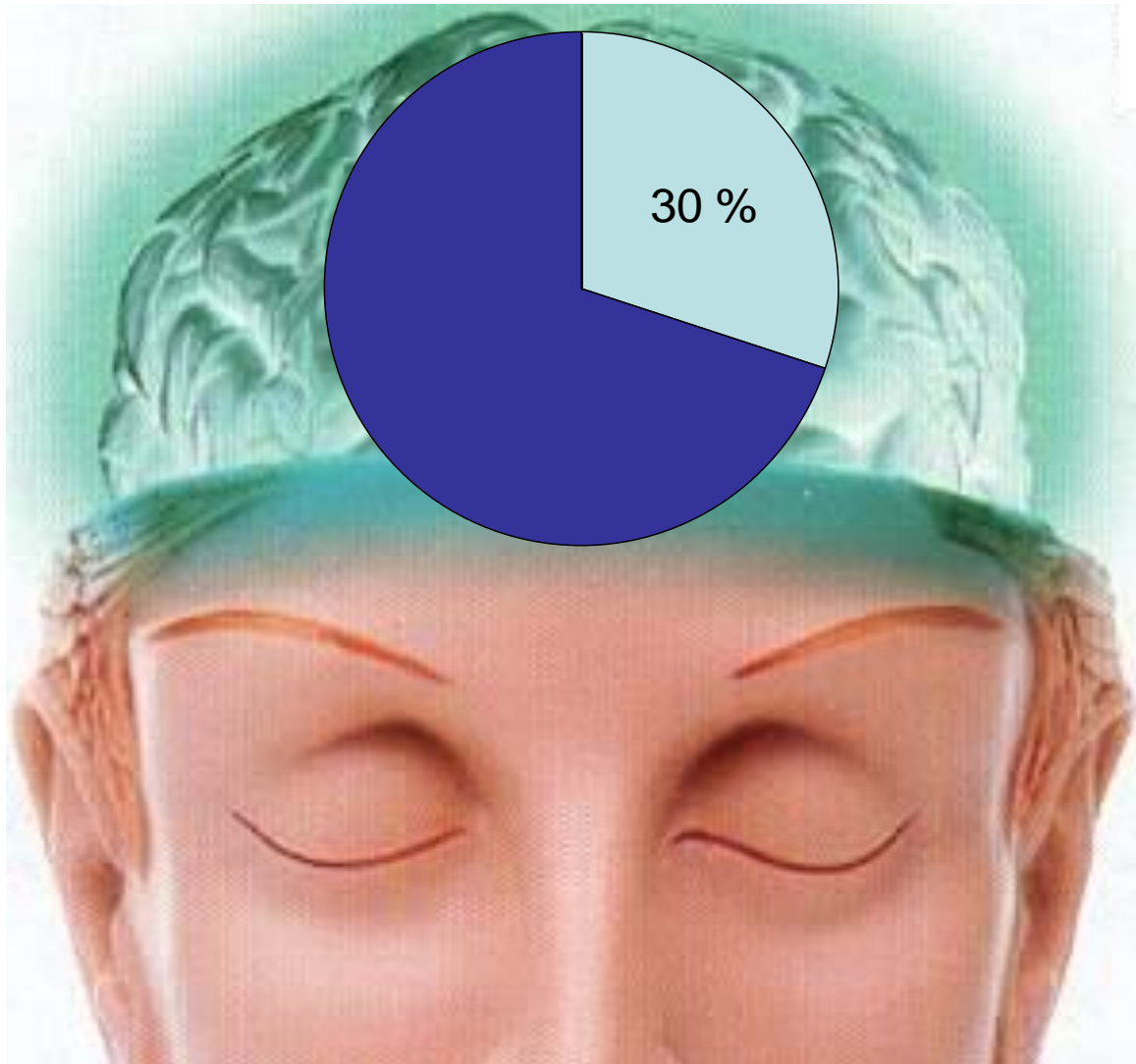




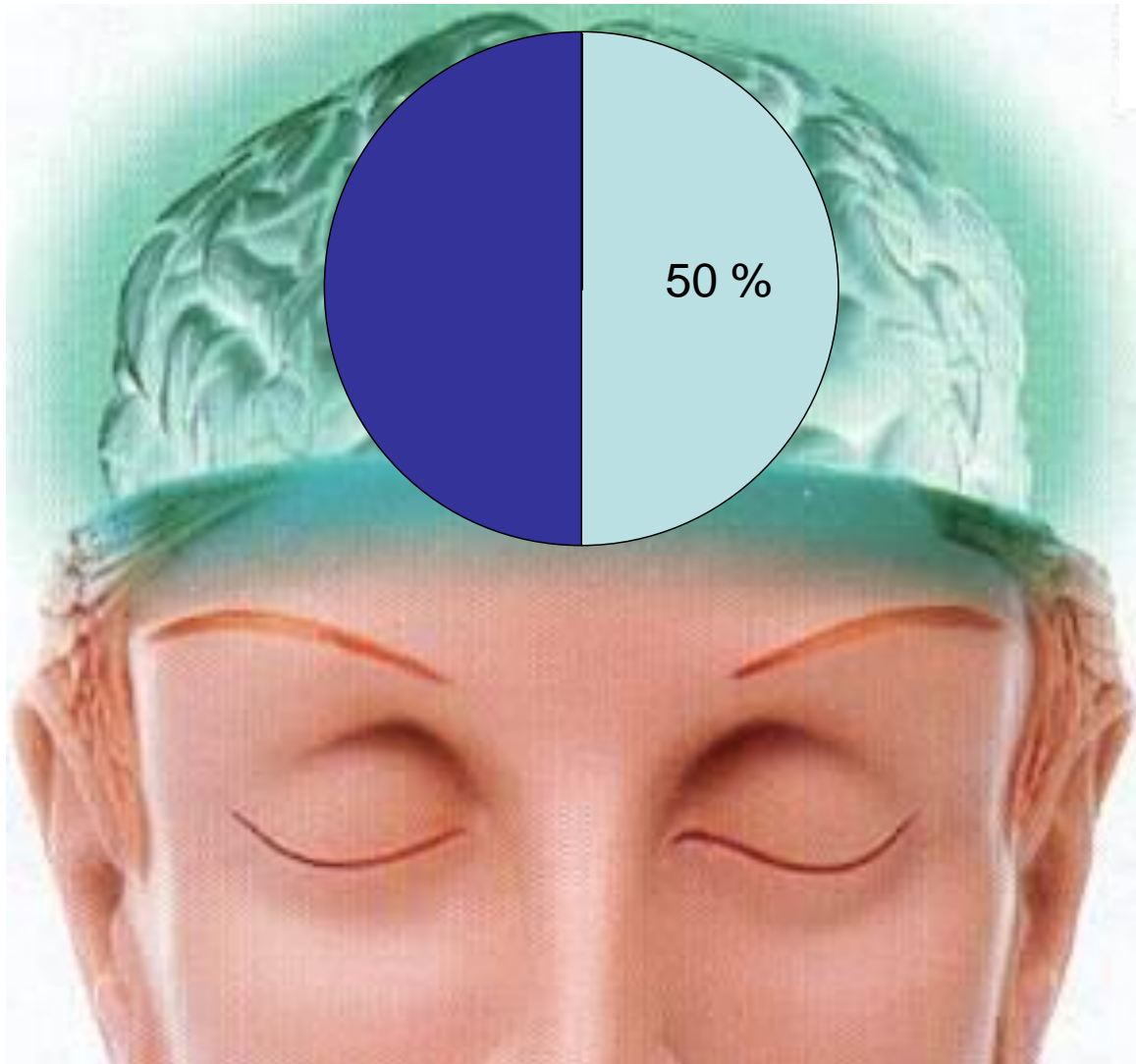
HEARING



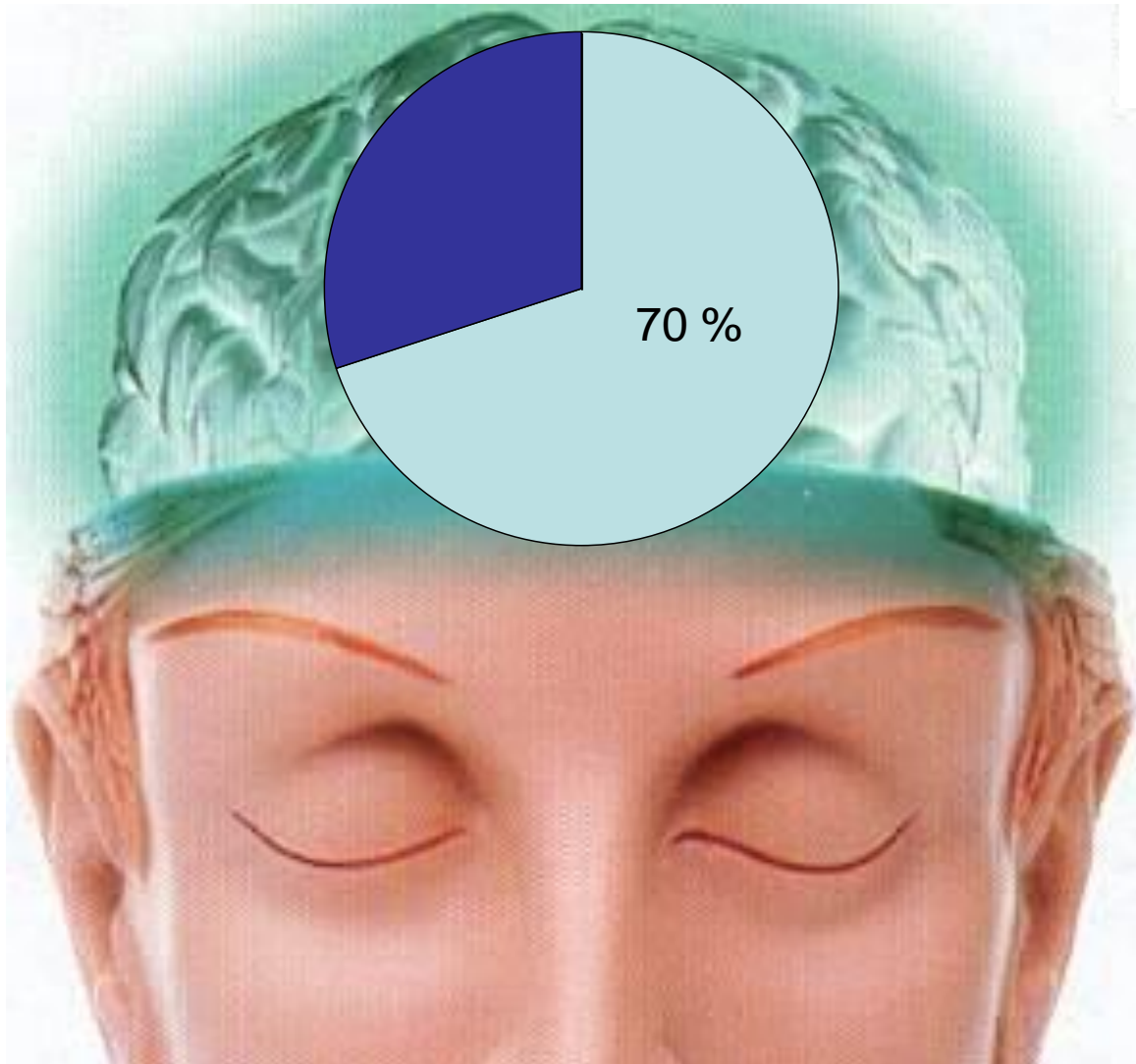
READING



SEEING

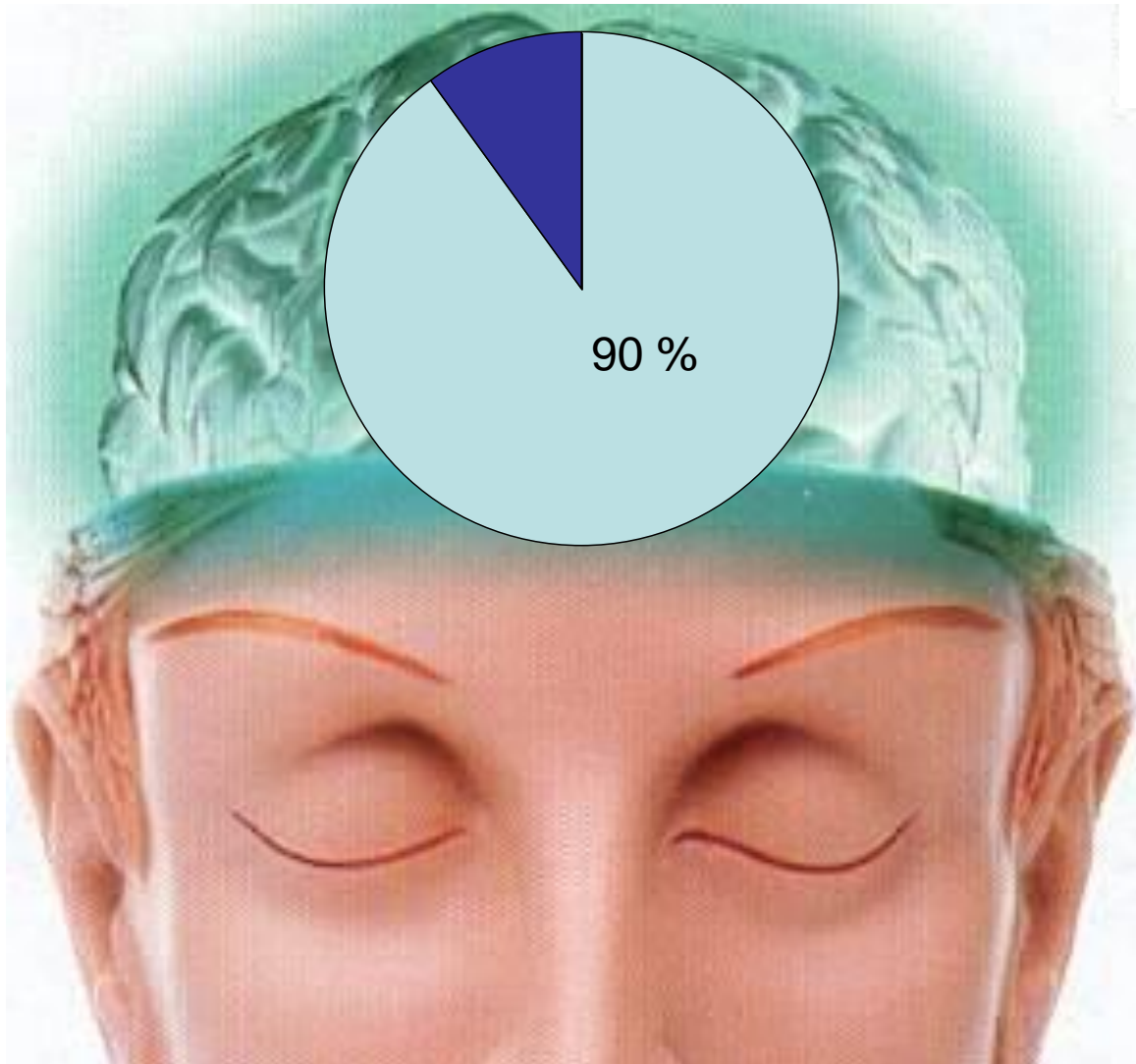


**SEEING & HEARING**



**SPEAK ABOUT INFORMATION**





**APPLYING THE INFORMATION**

# Triggers & Linkages

Associations



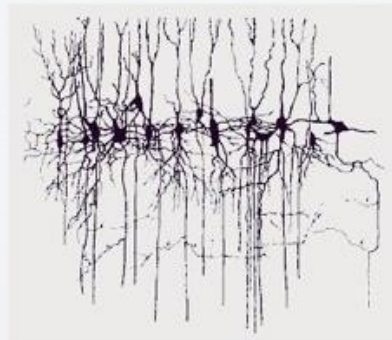
Curiosity



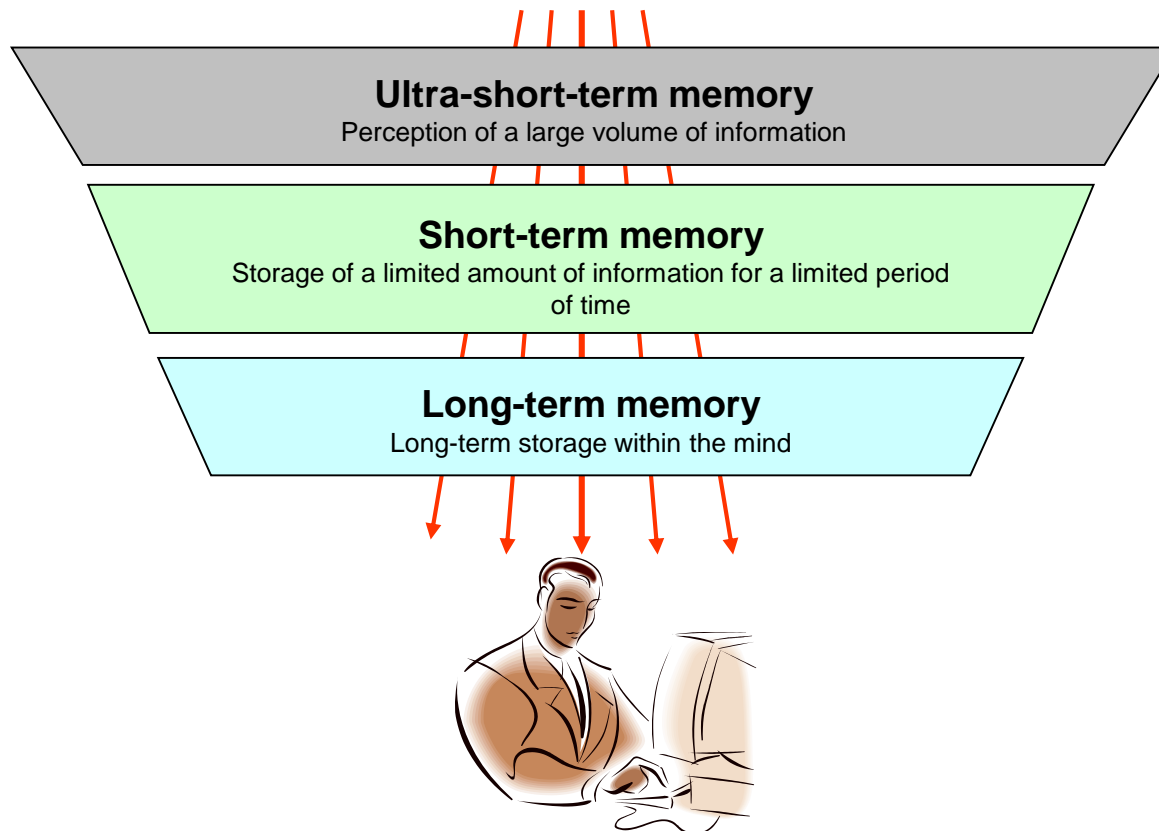
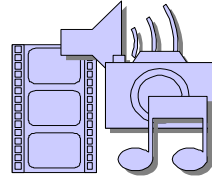
Emotions



Repeating



# The brain as a three-level filter





Confucius 450 b.C.

Tell me,  
and I will forget.

Show me,  
and I may remember.

Involve me,  
and I will understand.

# The three steps of the learning process

Interest in a topic

**Motivation**

**Consolidation**

Repeating & applying  
something new

**Acquisition**

Acquiring  
something new

